SATURDAY shopspot

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lt to last.

BURTON SNOW GLOVES

If you're updating your ski wardrobe, don't look past these cute and functional mittens from the respected snow brand. Dryside ultrashell fabric provides total protection from cold, wind and wet.
$44.99, burton.com/au

STAR WARS THERMOS

Your kid's cool factor will soar when they unpack these new drink and food containers at lunchtime. The vacuum insulated containers will keep contents cool or warm.
$29.99, hsw.com.au

product
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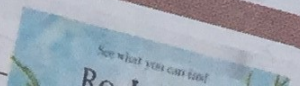
ENCHANTING ANGELS PLAYSUIT

Help your little ones fly through life, or at least from one change to the next, with these adorable playsuits. Available in sizes from three months to 24, they are a blend of cotton and spandex and have a button crotch for easy nappy change.
$29.99, enchanting-angels.com.au

Rock Pool Secrets

Narelle Oliver,
Walker Boo



BE
STROGA

Serves: 4
Prep: 10 mins
Cook: 25 mins

Ingredients

- ⅓ cup plain flour
- 2 small brown onions, th
- 2 tsp smoked paprika
- Sprinkle of salt and peppe
- 450g beef strips (or rump sliced thinly)
- 1 tbs canola oil
- 300g button mushrooms, sli
- 2 cloves garlic, crushed
- 2 tbs tomato paste
- 1 cup salt reduced beef stock
- 2 tbs worcestershire sauce
- ⅔ cup sour cream
- ⅓ cup chopped flat leaf parsley
- Pasta or rice, to serve

Method

1) Place flour, paprika, salt and pepper in bowl. Working in batches, coat beef strips in the mix. Dust off any excess.
2) Heat a large frying pan over a medium high heat. Add a tablespoon of oil. Cook beef in batches until well brow
Remove and set asi
3) Retu

Our tip
It's important
add sour crea
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the sauce m
separate.